#### WELCOME TO CHEERLEADING **GYMNASTICS** TUMBLING SLURIS PRE-SCHOOL **INCLUSIVE SPORT** <u>a r</u> in Sheffield. <u>Allstatis</u>



















WE ARE STEEL ALL CITY

www.steelcitysports.co.uk

Our story...

Steel City Sports is a Community Interest Company founded by the board of Directors in March 2021. As a non-profit organisation, any surplus made by the club is reinvested to improve Steel City for our community.



Steel City Allstars is a Cheerleading Programme provided by Steel City Sports.







The Forge

Home of Steel City Sports -The Forge - opened its doors as a community hub for sport in May 2021.

The Forge is a safe and welcoming space for people of all ages, genders, abilities, backgrounds and beliefs.

We are proud to be able to provide our community with a 9 panel sprung floor, 15m air track, bars and beam in addition to multiple training aids and sensory play resources.

Team Steel City

Our directors, managers and coaches work together to help a wide variety of people access all the fantastic benefits that come from sport.

Our staff hold a vast range of recognised qualifications in cheerleading and gymnastics. Staff are first aid trained and take part in targeted continuous professional development to ensure our quality of coaching, care and management remains at the highest possible standard.

Our SEND team have specialist training and qualifications to support people with additional needs.



Jenny Simpson Director



Tim Scott Director





Megan Allsop Melissa Thoms Director, Director, Manager, Coach, Manager, Coach, SEND Team SEND Team



Georgia Gambles Coach, SEND Team



Steffi Davies Coach



Amy Chamberlain

Coach



Hollie Wilson Coach



Iola Harper Coach



Josanne Heath Coach



Melissa Dobson

Coach



Roni Zakrzewska Coach



Nicole Read Coach



Izzy Grady Coach



## Junior leadership Programme

Young people aged 10-16 can apply to join the programme, to develop their skills in:

- leadership
- communication
- supporting others
- giving feedback
- teamwork
- organisation
- managing challenges
- coaching

The programme consists of group development sessions, hands-on practical coaching and 1:1 mentoring. At the end of the programme, Junior Leaders will have the option to be supported through sports coaching qualifications and other professional development of their choosing. We welcome and care for everyone, respecting their uniqueness. access, enjoy and benefit from sport regardless of our age, ability, disability, gender, race, sexual orientation, religion or beliefs

We promote a healthy, active lifestyle so that we can live happy, fulfilling lives.

We show

kindness towards every

member of our

community.

We expect our staff, athletes and all members of the Steel City Community to respect and follow our values. We call this:

We strive to always continue learning and improving ourselves. The Steel Standards

At Steel City Sports we believe that together, we can.

We can...

develop both personal and interpersonal skills that can be transferred beyond sport

be valued as a part of a hard-working team and the wider community

We work hard and never give up, whether in training, at school, at work, or towards our personal goals.

postunities for all

At Steel City Sports we ensure there is a place for everyone in the sport of their choosing. Our progression pathway allows young people to access a broad range of foundational learning through sport before committing to one or more sports long term.

## **RECREATIONAL SESSIONS**

All Recreational Sessions are suitable for beginners and are perfect for those who want to learn new skills and make friends in a low commitment and relaxed environment.

#### INDEPENDENCE LEVEL

LESS INDEPENDENT

Stay and Play! Parent/Carer and Child session from walking to age 4, building fundamental gross motor, fine motor and social communication skills through creative play based activities

#### JUMP IN! Pre-School Sessions

Parent/Carer and Child session from walking to age 4, building fundamental gross motor, fine motor and social communication skills through creative play based activities

#### MORE INDEPENDENT



through creative play

based activities



#### FUNdamentals Class

Inclusive, multi-disciplinary introduction to our offer of Cheerleading, Tumbling and Gymnastics for children age 3-8. Relaxed session, tailored for children with additional needs

Tumbling



**Gymnastics** 

Lemon Group

🖸 Age 4-6 🛣

**Rec Gymnastics** 

# Cheerleading

▲ Sparklers ● Age 4-10 ★ Rec Cheer

**Little Sparks** Age 3-6 🛣 **Novice Cheer Team** 

**Lightning Bolts** Age 5-8 🕁 Novice Cheer Team



Mint Group

Aae 4-6

**Rec Tumbling** 

Under 12 🛣

**Rec Tumbling** 

Sky Group

Under 8

**Turquoise Group** Open Tumbling Age 9+



Coral Group 🔾 Under 8 🛣 **Rec Gymnastics** 



PAY PER SESSION AVAILABLE

PAY MONTHLY AVAILABLE

MEMBERSHIP REQUIRED

Apportunities for all

At Steel City Sports we ensure there is a place for everyone in the sport of their choosing. Our progression pathway allows young people to access a broad range of foundational learning through sport before committing to one or more sports long term.

## DEVELOPMENT PATHWAY

Development sessions are suitable for athletes with some experience. Development groups work on progressing skills and technique whilst preparing for fun competition and/or performance opportunities.



PAY MONTHLY ONLY

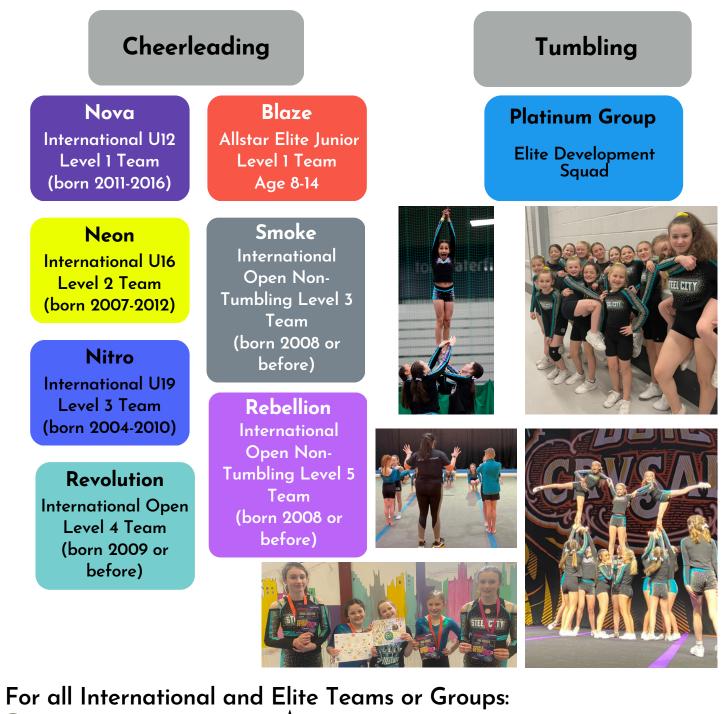
MEMBERSHIP REQUIRED

Apportunities for all

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## ELITE AND INTERNATIONAL PATHWAY

Development sessions are suitable for athletes with some experience. Development groups work on progressing skills and technique whilst preparing for fun competition and/or performance opportunities.



PAY MONTHLY ONLY

MEMBERSHIP REQUIRED

VICMPY

lembership

£10

**£30** 

**£50** Family Membership (2 or more siblings)

Required for all sessions, groups and teams except: Stay & Play, JUMP IN!, FUNdamentals and Open Tumbling Tiny Gym Membership Individual Membership (age 4+)

Session Vilin **Pre-School per FUNdamentals** Rec Classes per session from session from per session £4 £7.50 Monthly Vicing (training fees only, please see additional costs not included in these fees below) Elite and Novice **Development** Rec Classes **Tiny Gym** International Teams from Pathway from from Pathway from £25.20 £30.60 £17.50 £31\_50

Monthly training fees increase or decrease depending on how many hours you train for and whether you are eligible for any of our discounts:

Community Discount (postcodes S1-S6) University Student Discount Sibling Discount We also can provide weekly discounted plans for children eligible for free school meals in many of our sessions.



- Season fee contributing to SportCheer England membership, season t-shirt, choreography and music costs
  - Uniform (purchase and hire options)
- Club Leotard (if taking part in competitions or performances)
  Competition entry fees

Shoes

- Competition entry fees Transport to and from events
- Any optional club merchandise

#### Cheerleading · Any of

- Any optional club merchandise
- Competition entry fees (monthly plans available)
- Team bonding activities
- Transport to and from events

**Gymnastics/Tumbling** 

# Important Hates

2023-24 Season: Cheerleading, Tumbling and Gymnastics Athletes

Summer Training	From 03.07.23
New Season Begins	From 04.09.23
Christmas Break	22.12.23-01.01.24
Training Resumes	02.01.24
Showcase	February 2024 TBC
Summer Break	08.07.24-14.07.24



Jet started

We can't wait to welcome you into the Steel City Community!

Please follow the links to get started with us.

### **Returning Athletes**

(Tumbling/Gymnastics Groups) Get in touch if you have not received your group or squad placement.

#### **New Athletes**

(Cheerleading, Tumbling and Gymnastics) <u>Click here to register your</u> <u>interest on our waiting list.</u> <u>We will contact you shortly</u> <u>after your form submission.</u>

### **Returning Athletes**

(Cheerleading Teams)

<u>Click here to register for a</u> <u>team placement. Placement</u> <u>emails will be sent from 26th</u> <u>June 2023.</u>

Jet in Touch

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07435647889

hello@steelcitysports.co.uk

@steelcity.allstars @steelcitysports.cic

Steel City Sports Steel City Allstars

@steelcity\_cic

Please get in touch with enquiries about any of the following services on offer at Steel City Sports:

Also at

- Venue Hire
- 1:1 and Small Group Lessons
- Parties
- SEND sessions
- Healthy Holidays Activities
  Holiday Camps
  School Visits and Outreach

- Community Group Sessions

